



Under the direction of
Carol Baker-Fulco, MS, RD



Performance Choices

POWER UP PERFORMANCE

THE NUTRITION CONNECTION















Lunch

FRIED CHICKEN
SAVORY BAKED CHICKEN
SWEDISH MEATBALLS
MASHED POTATOES
BROWN GRAVY
CHICKEN GRAVY
BEAN COMBO
WHITE BEANS







OPERATION AND SAFETY
PROCEDURES
SHRINK-ELECTRIC

Main Entree











